



“FROM PACKAGE TO PALATE IN MINUTES”

April 25, 2007
Revised: August 12, 2010

**CAESAR'S STUFFED SHELLS
2.75 OZ. PRECOOKED
SPECIFICATIONS**

Product Code: 70101

Pack Size: 6/3 lb. Pkgs. – Net Wt. 18 lbs.

Ingredients: Ricotta Cheese (made from Cow's Milk), Wheat Flour (Enriched Semolina Flour [Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Pasteurized Whole Eggs, Imported Pecorino Romano Cheese (made from Sheep's Milk), Food Starch Modified, Salt, Black Pepper and Parsley.

ALLERGENS: MILK, WHEAT, EGGS. MAY CONTAIN SOY FLOUR.

This facility is free from peanuts and tree nuts. Good manufacturing practices are used to segregate ingredients in a facility that also processes foods containing wheat, shellfish, and fish ingredients.

Physical Dimensions: 3 ½" x 1 ¼" x 1 5/8"

Baking Instructions (DO NOT THAW BEFORE BAKING):

CAUTION: Due to differences in oven design, cooking time may vary slightly. When using more or less than 9 shells, please increase or decrease cooking time accordingly.

1. Preheat Oven to 425° F.
2. Cover bottom of baking dish or pan with your favorite sauce.
3. Remove Stuffed Shells individually from bag and place one by one into baking dish or pan, open side down.
4. Cover top of Stuffed Shells thoroughly with sauce.
5. Sprinkle with Romano or Parmesan cheese.
6. Cover with aluminum foil.
7. Bake for 40-45 minutes

ALWAYS HEAT PRODUCT TO INTERNAL TEMPERATURE OF 160° F.

Microwave Instructions:

Microwave ovens vary, heating time may require adjustment.

1. Place 2 **FROZEN STUFFED SHELLS** in a microwave safe dish.
2. Spread 1 cup of sauce under and than completely cover the Stuffed Shells with remaining sauce.
3. Cover with microwave safe lid and heat on high for 5-6 minutes.
4. Let stand for 1-2 minutes before serving.
5. **CAUTION CAREFULLY REMOVE COVER TO AVOID STEAM BURNS.**

Nutritional:

Serving Size: 2 Pieces (114 g)			
Servings Per Container: Approx 12			
Amount Per Serving			
Calories: 200	Calories from Fat: 80		
	% Daily Value*		
Total Fat 9g			14%
Saturated Fat 5g			24%
Trans Fat 0g			
Cholesterol 60mg			20%
Sodium 250mg			10%
Total Carbohydrate 20g			6%
Dietary Fiber 2g			4%
Sugars 2g			
Protein 8g			
Vitamin A 8%	•	Vitamin C 0%	
Calcium 12%	•	Iron 8%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
Nutrients:	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g