



**“FROM PACKAGE TO PALATE IN MINUTES”**

April 25, 2007  
Revised: August 12, 2010

## CAESAR'S RICOTTA GNOCCHI SPECIFICATIONS

**Product Code:** 70068

**Pack Size:** 12/1 lb. Pkg. – Net Wt. 12 lbs.

**Ingredients:** Ricotta Cheese (made from Cow's Milk), Wheat Flour (Enriched Extra Fancy Durum Flour [Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid]), and Cornmeal. **ALLERGENS: MILK, WHEAT. MAY CONTAIN SOY FLOUR.**

**This facility is free from peanuts and tree nuts. Good manufacturing practices are used to segregate ingredients in a facility that also processes foods containing wheat, shellfish, and fish ingredients.**

**Physical Dimensions:** 1 ¼" x ¾" x ¾"

**Cooking Instructions – Stove Top: (DO NOT THAW BEFORE COOKING)**

1. Place frozen Gnocchi into 4 quarts of boiling (salted) water.
2. Stir gently until Gnocchi rise to the surface.
3. Approximate cooking time is 3-5 minutes.
4. Drain and serve with your favorite sauce.

**Nutritional:**

Serving Size: 1 Cup (142g)		Servings Per Container: Approx 3	
<b>Amount Per Serving</b>			
Calories: 370		Calories from Fat: 100	
% Daily Value*			
<b>Total Fat</b> 11g			17%
Saturated Fat 7g			33%
Trans Fat 0g			
<b>Cholesterol</b> 40mg			13%
<b>Sodium</b> 120mg			5%
<b>Carbohydrate</b> 48g			16%
Dietary Fiber 2g			8%
Sugars 3g			
<b>Protein</b> 19g			
Vitamin A	2%	Vitamin C	0%
Calcium	25%	Iron	10%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
<b>Nutrients:</b>	<b>Calories:</b>	<b>2,000</b>	<b>2,500</b>
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g